



CYO CAMP
Catholic Charities CYO
CYO Summer Camp
Outdoor Environmental Education
CYO Retreat Center

Tel: 707-874-0200 Fax: 707-874-0230
2136 Bohemian Highway / PO Box 188
Occidental, CA 95465

Dear Parents:

Thank you for participating in our Outdoor Environmental Education program. CYO Camp Outdoor Environmental Education is a school in the outdoors -- we are an extension of your school program and feel privileged to serve many quality schools like yours. As a parent, you need to be familiar with the following information as your child embarks on his/her camp experience.

What to pack

Take a look at the attached *Bring-Along List*. If your child is coming in the winter remember to pack several layers of clothing, waterproof boots, a winter hat, mittens or gloves, and lots of socks. In all seasons, remember to pack rain gear. Labeling all items is very important since, oftentimes, children do not recognize their own belongings. We suggest you help your child pack items that can get wet or dirty. Since this is an outdoor education program, your child will be spending much of his/her time outside. Make sure he or she is prepared for the season.

Health Services

It is extremely important that a CYO Camp Student Health Form is completed and signed for your child. This form should be given to your school's camp coordinator. **WITHOUT A COMPLETED AND SIGNED HEALTH FORM, YOUR CHILD CANNOT PARTICIPATE IN CAMP ACTIVITIES.** Please review the medication instructions stated on the health form so that we can meet your child's medical needs to the best of our ability.

If your child becomes ill during his/her camp experience, you will be responsible for making travel arrangements home. In order to prevent the spread of infection, and because our Health Center is not intended for overnight stays except in emergencies, sick children must recover at home. They are welcome to return to camp upon recovery.

Your child's teacher will be responsible to dispense any prescription medications while at camp. All CYO Camp staff are trained in Community First Aid and CPR.

Mail/Faxes

You are welcome to send letters to your child while they are at camp. Please send them early in the week to assure arrival at camp during your child's stay. Remember to write upbeat, encouraging words. Letters that focus on missing your children lend to homesickness. Because we have a very busy camp office, we discourage the use of our business fax machine or email for personal mail.

Name of Student
Name of School
Outdoor Environmental Education
CYO Camp
PO Box 188
Occidental, CA 95465

FOR EMERGENCIES ONLY PLEASE: 24/7 Emergency Camp Pager 707-491-8939

Sincerely,

The CYO Camp Outdoor Environmental Education Staff